

Arguments happen. Repair matters more.

What children take from disagreements is shaped by what follows. When adults pause, reconnect, and make things right, children learn that relationships can feel safe even after difficult moments.

Frequent, intense, or poorly resolved arguments between parents and co-parents can affect children's wellbeing, behaviour, and sense of safety. Small changes in how you talk to each other make a big difference.

LEARN MORE



Reducing Parental Conflict
East Midlands

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